

# Weekly Market Insights & Strategies



23 March 2026

**Weekly Market Recap: India & Global**

The Indian equity markets had a volatile week from 16 to 20 March 2026, shaped largely by geopolitical tensions in West Asia and surging crude oil prices. Indian equity benchmarks staged a sharp rebound, pausing a steep three-session slide. The Nifty 50 climbed 257.70 points to settle at 23,408.80. Broader markets lagged, with the Nifty Midcap declining 0.3% and Nifty Small cap slipping 0.5%. Auto, Financial Services, Private Bank, and FMCG gained over 1% each, while Oil & Gas, Pharma, Energy, and Realty declined. A notable drag came from IDBI Bank, which plunged sharply after the government cancelled its strategic disinvestment. Markets extended their recovery on Tuesday. The Nifty 50 ended 0.74% higher at 23,581.15, and the Sensex settled 0.75% higher. Eternal, Tata Steel, and M&M were top gainers on the Nifty. Nifty Metal was the top sectoral gainer, rising 2.8%, followed by Nifty Auto and Nifty Realty, while FMCG and IT ended lower. The Sensex climbed 633 points to close at 76,704, marking its third straight session of gains on Wednesday. Over three sessions, the index had advanced nearly 3%, adding more than 2,100 points despite ongoing tensions in West Asia. All sectoral indices ended in the green barring FMCG and Metal. HDFC Bank's part-time chairman resigned, adding

a domestic overhang. Thursday witnessed a brutal selloff, erasing the entire three-day rally. The Nifty slipped below the 23,050 mark. The fall was driven by aggressive profit booking, a sharp spike in Brent crude to around \$119 per barrel, the US Federal Reserve holding rates with a hawkish stance, and continued FII selling. The market rebounded on Friday after steepest drop in nearly two years. Relief came after Brent crude eased to around \$107 per barrel following diplomatic moves by European nations and Japan to secure Strait of Hormuz shipping, and after President Trump urged Israel to avoid further strikes on Iranian energy facilities. IT stocks led the advance — Tech Mahindra, Infosys and Tata Steel were top gainers. HDFC Bank extended its losses, following the chairman's resignation. Globally, Dow Jones was down 2.11%, S&P 500 was down 1.9%, Nasdaq slipped to red by 2.07%. Japan's Nikkei 225 ended in red with 0.61% and Hang Seng down 0.74%. The KOSPI Index was in green with 5.36%.

**Indian Equity Market Performance & Key Valuation Ratio**

Index	20-03-2026	% Change (WOW)	P/E	P/B	Dividend Yield
<b>Broader Indices</b>					
Nifty	23,114.50	-0.16%	20.23	3.14	1.35
BSE Sensex	74,532.96	-0.04%	20.46	3.99	1.23
BSE 150 MidCap Index	14,844.43	0.01%	32.35	4.89	0.87
BSE 250 SmallCap Index	5,864.23	-0.19%	27.19	3.47	0.76
BSE 250 LargeMidCap Index	10,004.10	-0.29%	22.09	4.04	1.18
<b>Sectoral Indices</b>					
BSE Fast Moving Consumer Goods	17,320.21	-1.44%	32.46	7.19	1.59
BSE Commodities	7,621.77	0.62%	23.34	3.1	1.01
BSE Consumer Discretionary	8,519.65	1.15%	43.47	6.2	0.76
BSE Energy	11,421.66	-1.52%	10.27	1.88	2.55
BSE Financial Services	11,640.73	-1.33%	16.14	2.77	0.99
BSE Healthcare	42,306.40	-1.12%	37.49	6.42	0.55
BSE Information Technology	28,226.61	0.27%	21.46	5.89	2.86
BSE Auto	54,717.71	1.56%	31.72	6.04	1.25
BSE Bankex	60,173.31	-0.48%	14.25	2.13	1.1
BSE Metal	37,708.20	1.18%	19.83	3.22	1.38
BSE Oil & Gas	25,977.38	-3.30%	8.61	1.54	2.77
BSE Power	6,923.81	0.02%	32.58	4.38	1.21
BSE Realty	5,417.77	-1.87%	34.09	4.35	0.43

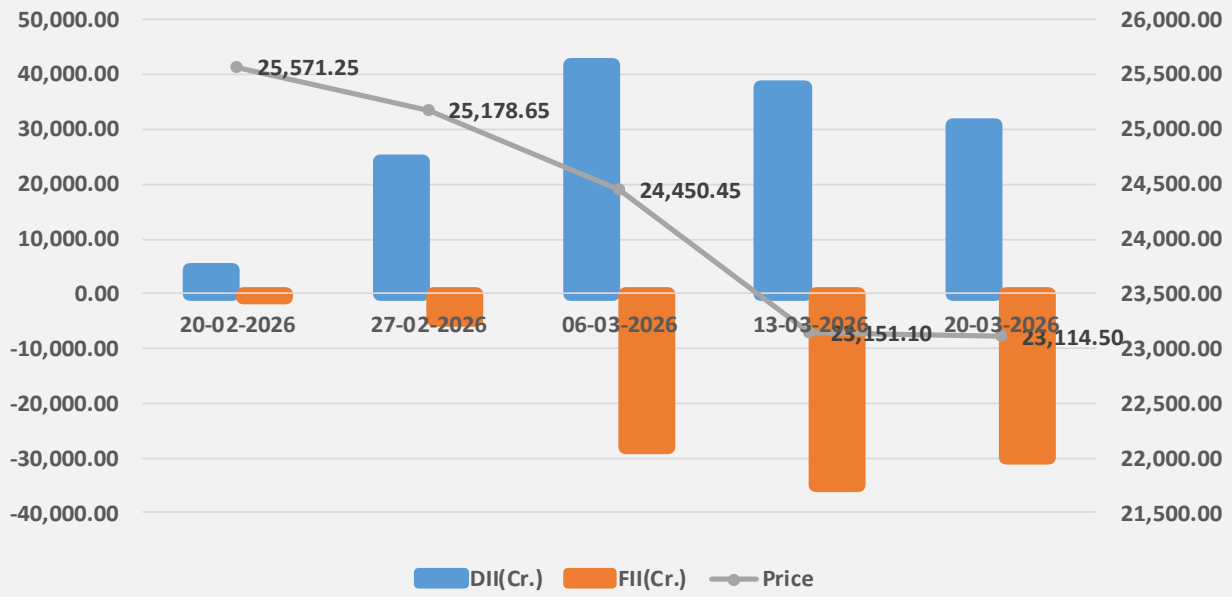
**BSE-Gainers**

Symbol	LTP	%Change (WoW)	%Change (MoM)
Eternal Ltd	232.30	7.70%	-13.80%
Tata Steel Ltd	196.80	7.20%	-5.60%
Mahindra & Mahindra Ltd	3,066.10	4.60%	-10.20%
Tech Mahindra Ltd	1,384.80	3.90%	-5.00%
Ultratech Cement Ltd	10,934.00	3.00%	-14.40%

**BSE-Losers**

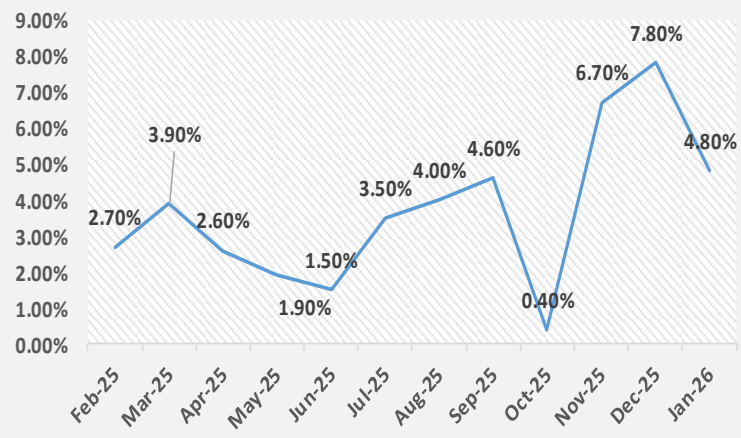
Symbol	LTP	%Change (WoW)	%Change (MoM)
HDFC Bank Ltd	780.50	-4.50%	-14.40%
Hindustan Unilever Ltd	2,082.70	-3.60%	-10.00%
Bharat Electronics Ltd	426.10	-3.00%	-3.40%
Bajaj Finance Ltd	830.60	-2.90%	-19.40%
Bajaj Finserv Ltd	1,710.30	-1.60%	-16.90%

FII & DII Investment Flow Vs NIFTY50

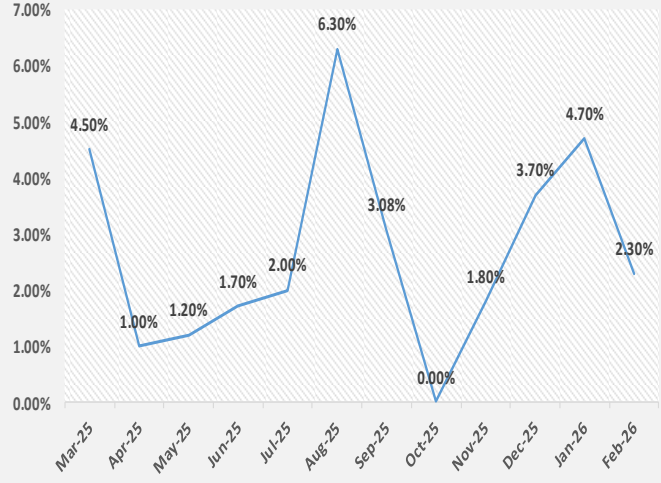


Macro-Economic Performance: India

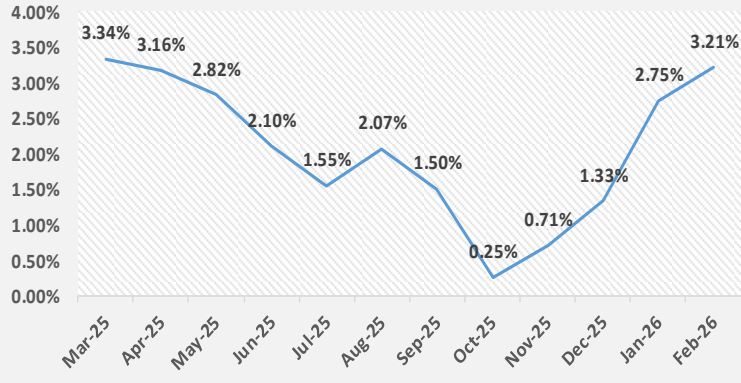
IIP (YoY)



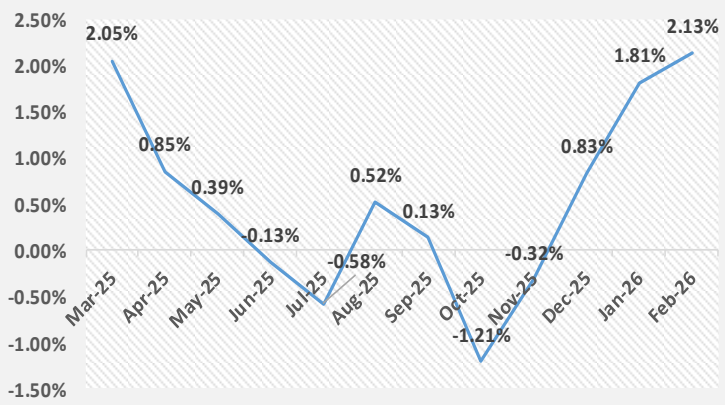
Infrastructure Output (YoY)



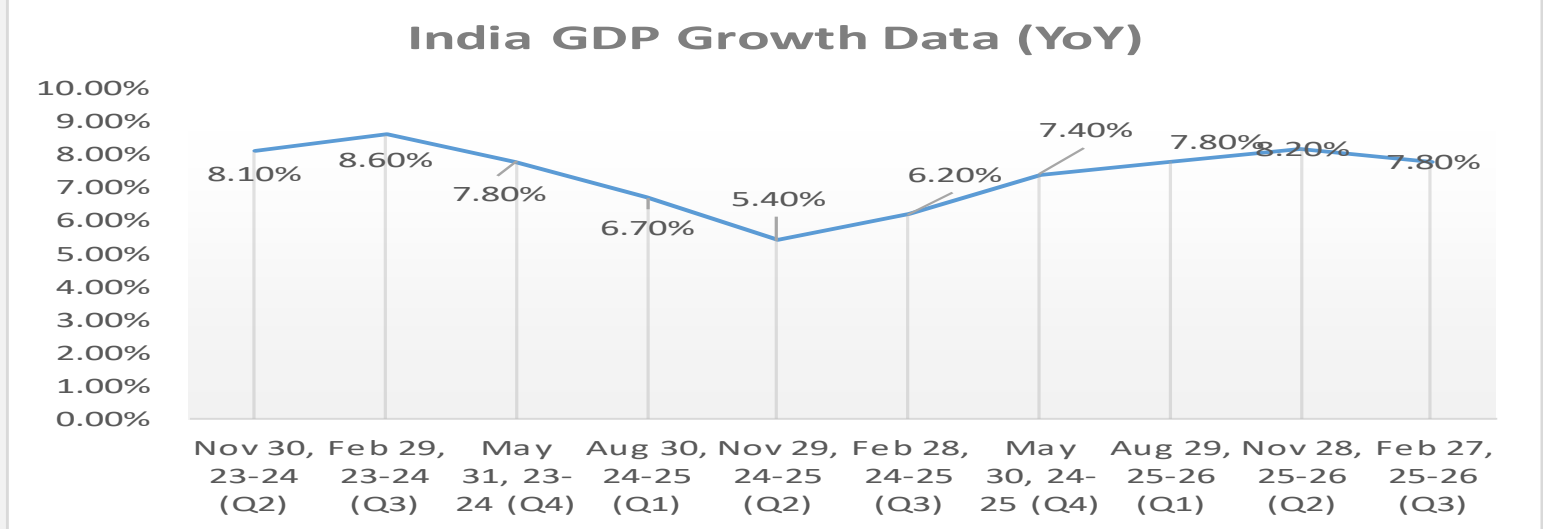
CPI (YoY)



WPI (YoY)



Market View from Research Desk:



**NIFTY (23,114.50):** Global equity markets saw broad risk-off selling with the S&P 500, Dow, and Nasdaq falling 1.9–2.1%, yet the Nifty 50 held firm with only a 0.16% decline, reflecting strong DII support absorbing FII outflows. Surging Brent crude and WTI, driven by West Asia tensions, is deeply inflationary for India as a net oil importer, pressuring the current account deficit and pushing the Rupee to a record low of 93.69 against the dollar, which in turn raises imported inflation and foreign currency debt costs for Indian corporates. The sharp crash in Gold, Silver, Copper, and Platinum points to aggressive global deleveraging and liquidity stress rather than fundamental demand destruction. Rising India 10-year bond yields from 6.679% to 6.737% signal that bond markets are pricing in persistent inflation, sharply reducing the probability of near-term RBI rate cuts and tightening domestic financial conditions. Taken together, this mix of high crude, a weak Rupee, rising yields, and global risk aversion is negative for OMCs, Aviation, Paints, FMCG, Auto, Real Estate, and IT, while being positive for upstream Oil & Gas, Pharma exporters, and IT exporters who benefit from Rupee depreciation boosting INR-denominated revenues.

The Federal Reserve maintained policy rates in the range of 3.5%–3.75% revising inflation projections upward, reflecting concerns around rising energy prices. Escalation in the Iran conflict intensified volatility across global equity markets, with several major economies including the UK, France, Germany, Italy, the Netherlands, Japan and Canada issuing a joint statement condemning disruptions to commercial shipping and the effective closure of the Strait of Hormuz, a critical global oil transit route. Iranian missile strikes hit two communities in southern Israel on March 21, 2026, near a key nuclear research facility. In response, Donald Trump warned that the U.S. would take decisive action against Iran’s power infrastructure if the Strait of Hormuz is not reopened within 48 hours. In India, FPIs remained net sellers, withdrawing ₹52,703 crores in the first half of March, primarily from financials, as higher crude prices and global uncertainty weighed on sentiment.

The index exhibited a range-bound consolidation, with price oscillating between 22,930–23,862, indicating a short-term sideways structure. The sharp correction on 19 Mar was followed by a modest pullback, suggesting buying interest emerging near the 22,950 support zone. The formation of higher lows from 17–20 Mar signals a potential bullish bias, though repeated rejection indicates supply pressure. Overall, momentum remains neutral with a slight positive tilt, awaiting a decisive breakout for directional confirmation. The highest resistance for the next week is 24590 followed by 23768/23878/24234 and support level is 22836/22726/22370/22014.

Upcoming macro releases including Japan inflation data and the Bank of Japan policy decision, along with U.S. API crude inventory and jobless claims, will be closely monitored amid heightened West Asia geopolitical tensions. Strong inflation could strengthen the USD and sustain volatility in oil prices, while crude inventory data will directly influence energy markets already sensitive to supply risks from the Strait of Hormuz. India’s forex reserves trajectory will indicate RBI’s capacity to manage currency volatility driven by elevated crude prices and risk-off global sentiment.

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